



DELHI PUBLIC SCHOOL MATHURA ROAD, NEW DELHI – 110003

School ID-1924142. CBSE Aff. No-2730015, School Code-25239



NEWSLETTER FOR THE MONTH OF JULY 2026

Dear Parents,

July marks the beginning of a new and exciting phase of learning as students return to school refreshed and enthusiastic after the summer vacation. The month offers valuable opportunities for children to develop healthy habits, responsible behaviour, and a deeper appreciation for the sacrifices made by our nation's heroes through a variety of meaningful activities.

To observe Road Safety Day, students will participate in engaging activities that promote awareness about traffic rules and safe practices on the road. On Healthy Eating Day, students will learn about the importance of nutritious food and healthy lifestyle choices through interactive and creative activities. To commemorate Kargil Vijay Diwas, students will engage in activities to express their gratitude towards the brave soldiers of the Indian Army.

Through these celebrations, we aim to instil important life values and create enriching learning experiences beyond the classroom. We look forward to your continued support in helping our students embrace these lessons and carry them forward in their daily lives.

Wishing you and your family a joyful and productive month ahead!

Warm Regards,

Dr Ram Singh



Principal



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ACTIVITIES FOR THE MONTH OF JULY 2026

<u>Day & Date</u>	<u>Class</u>	<u>Activity Description</u>	<u>Material Required</u>	<u>Learning Outcomes</u>
(6-7-26 to 12-7-26)	I-V	<p>ROAD SAFETY DAY</p> <p>Students will prepare road safety posters, traffic signal crafts and participate in discussions on road safety rules.</p> <p>Video: Road Safety Rules for Kids ROAD SAFETY & TRAFFIC RULES Tia & Tofu Lessons English Stories Learning Stories for Kids - YouTube</p>	 <p>A-4 sheet, sketch pens, crayons/colours</p>	<p>Understand traffic rules and road signs and develop responsible behaviour as pedestrians.</p>
(13-7-26 to 19-7-26)	I-V	<p>HEALTHY EATING DAY</p> <p>Students will create a collage on 'Eat Healthy, Stay Healthy' for raising awareness about healthy eating through 'Oil Boards' for school and will identify healthy and unhealthy food choices.</p> <p>Video: Healthy Food vs Junk Food for kids https://www.youtube.com/watch?v=mMHVEFWNLMc</p>	 <p>A-4 sheet, cut outs of various food items, glue, sketch pens and colours</p>	<p>Develop awareness about healthy eating habits and understand the importance of a balanced diet simultaneously realizing the harmful effects of fried and sugary foods.</p>

20-7-26 to
26-7-26)

I-V

KARGIL VIJAY DIWAS

To pay tribute to the Kargil Heroes, students will make 'Thank You Soldier' cards and will research about inspiring stories of the Indian soldiers to narrate in Class.

Video: Kargil Vijay Diwas for Children

["Kargil War: The True Story IN | 3D Animated #KargilWar #IndianArmy #3DAnimation #KargilVijayDiwas](#)



Coloured sheets, sketch pens,
glue, decorative material

Develop patriotism and respect for soldiers and learn about the significance of Kargil Vijay Diwas.